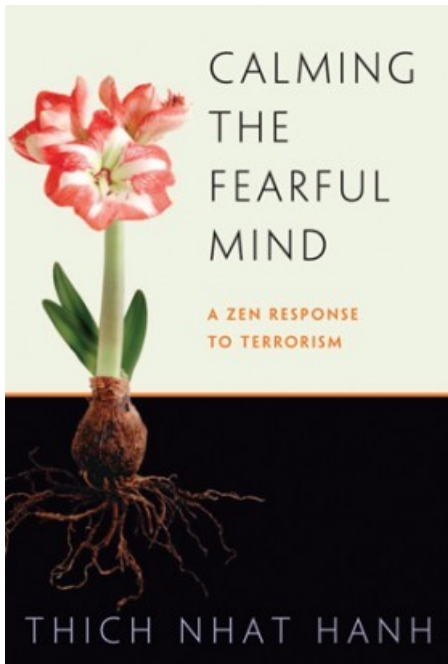


**With recent massacres in San Bernardino, Paris, and Beirut, and terrorism increasing around the world, how can we feel truly safe, without fear?**



**Many Ways of Peace**  
offers a new study circle  
on Thich Nhat Hanh's  
insightful book:  
**Calming the Fearful Mind**

**Tuesdays from 2-4PM**  
**Beginning January 12, 2016**  
**217 S. Main St.**  
**Downtown Eagle River**

In **Calming the Fearful Mind**, Zen Master Thich Nhat Hanh offers key teachings designed to help heal the misunderstanding, fear, and hatred that divide us as individuals, groups, and nations. Nhat Hanh looks at the roots of terrorism and fear, and offers step-by-step instructions for calming the mind and looking deeply into our own misperceptions. His own generosity of spirit and love for all beings models a path out of uncertainty and towards peace and the understanding of how terrorism can be transformed and uprooted.

**A limited number of copies of this book will be available for purchase from Many Ways of Peace. Also available from Parralax Press and Amazon.**

To pre-register or for more information, contact Many Ways of Peace at 715.480.4697 or [manywaysofpeace.org](http://manywaysofpeace.org). Many Ways of Peace is a project of the MJ Berner Foundation for Peace and Justice, Inc., PO Box 189, Eagle River WI 54521

